



## Nut Aware Policy

**Approved by:** Pete Sayers

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# IDLE CE (A) PRIMARY SCHOOL

## NUT AWARE POLICY

### Vision Statement

At Idle CE (A) Primary School we celebrate being part of God's family. We inspire our children with a love of learning in a safe, caring environment, which is theologically rooted in our Christian Vision of:

### **Jesus' promise of "life in all its fullness" (John 10.10)**

for children, young people and adults within our school community to flourish. We are driven by our vision to nurture Christian hope and high expectations for all involved with education of the pupils in our care and to serve the common good.

Idle C of E Primary School is food allergy aware. There are a number of students at our school who have severe food allergies. The most common of these allergens are peanuts, eggs, fish and shellfish, soy and wheat. The most serious allergy risk in our school currently is nut allergies which can cause life threatening anaphylactic reactions to some of our students.

### Aims of this policy

- To provide a safe learning environment for all members of the school community
- To raise the awareness of all members of the community regarding severe allergies and potential risks
- To highlight the items that should not be sent for lunch/snacks

### Management

The Nut Aware policy will be managed by:

- **Parents and caregivers being requested NOT to send food to school that contains nuts (especially peanuts). This includes all types of nuts, peanut butter, Nutella and food containing nuts. Please note that items such as cereal bars/trail mix often contain nuts and therefore should not be sent to school in any circumstance.**
- Our school kitchen is fully nut free and all food prepared in the kitchen follows strict allergen protocols
- Staff supervising at lunchtime will monitor lunch boxes and eating habits.
- Students are encouraged NOT to share food to reduce the risk of allergens/cross contamination.
- Students are encouraged to wash hands before and after eating.
- Staff receive training in understanding and dealing with Anaphylaxis (severe allergic reactions) and the use of epi-pens as the need arises.
  
- A copy of this policy being issued to all parents and caregivers.
- Staff are informed and provided with training opportunities.
- Publication of this policy on the school website
- Pupils being informed via teachers, support staff and signs
  - to be responsible when eating and handling food both inside and outside of school
  - helping students to understand that foods they can enjoy eating can be also be dangerous to others
  - encouraging students to support their class mates with allergies by eating and handling food responsibly
  
- **Risk Assessment regarding Nut Allergy**
- Risk assessments are in place for children with epi-pens both in school and off-site.

- Staff will be alert to any obvious signs of nuts being brought in, but they will not inspect all food brought into school.
- If staff do notice a student that has brought in food that contains nuts or nut products these items will be removed and if required an alternative will be provided from the school kitchen and parents will be informed.