

Idle CE Primary

Menu - Week 1

2 Nov, 23 Nov, 14 Dec,
4 Jan, 25 Jan, 8 Mar

Mon

Choose from...

Chicken Katsu Curry

Quorn Chilli

Served with Rice &
Crusty bread

Jacket Potato served with
Cheese / Tuna,
Cheese Panini

Desserts...

Apple Crumble with Custard
Frozen Smoothie
Yogurt / Fresh Fruit



Did you know?....

One orange provides a
range of vitamins and
minerals; a staggering
130 percent of your
vitamin C needs for
the day!

Tues

Choose from...

Sausages with Mash Potatoes,
Beans /Salad

Jacket Potato served with
Cheese / Tuna
Cheese Panini

Desserts...

Plain Sponge / Jelly
Yogurt / Fresh Fruit

Wed

Choose from...

Roast Pork

Quorn Sausage
Served with Vegetables,
Potatoes, Gravy & Yorkshire
Pudding

Desserts...

Rice Pudding with Jam
Frozen Yogurt or
Fresh Fruit



Thurs

Choose from...

Fish Fingers Served with
Peas, Sweetcorn, Jacket
Wedges

Jacket Potato served with
Cheese, Cheese Panini

Desserts...

Chocolate Sponge with
Custard, Jelly, Yogurt,
Fresh Fruit



Assured
Food
Standards

All menu items are subject
to availability and may
change without notice

Fri

Choose from...

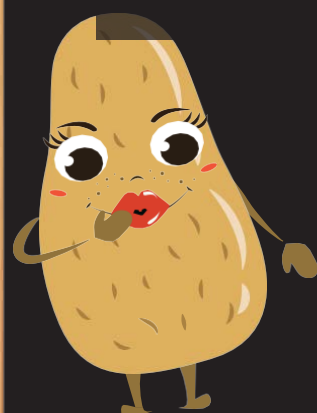
Cheese & Tomato Pizza

Butter Chicken

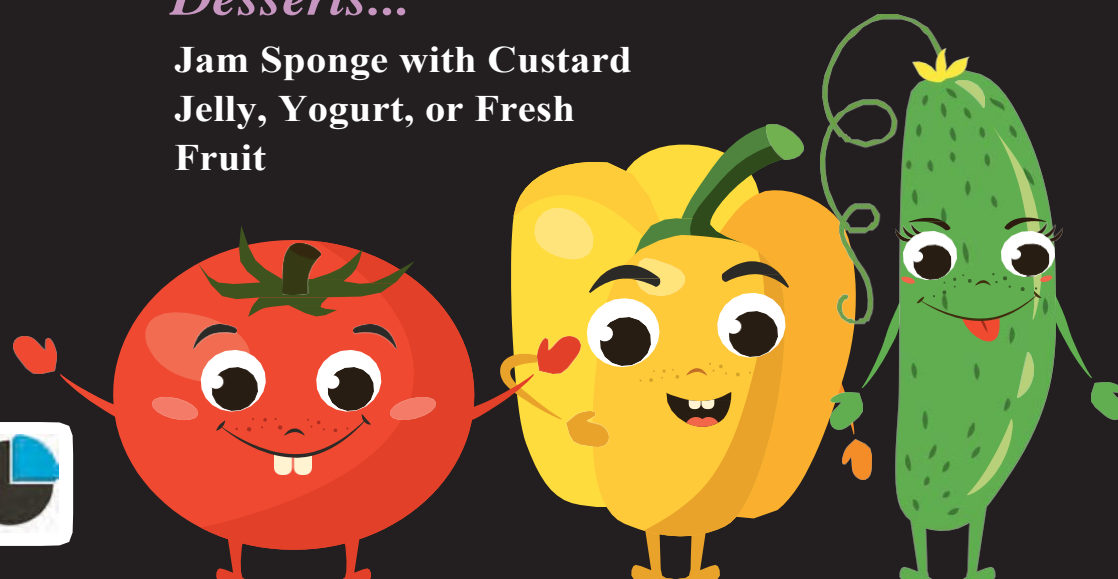
Served with Chips,
Beans, & Salad

Desserts...

Jam Sponge with Custard
Jelly, Yogurt, or Fresh
Fruit



the foodquarter



Menu - Week 2

9 Nov, 30 Nov, 11 Jan,
1 Feb, 22 Feb, 15 Mar,

Mon

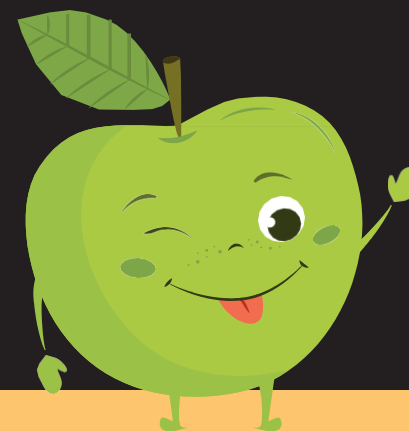
Choose from...

Bacon Medallion

Cheese & Onion Quiche

Served with Vegetables,
Potatoes, Gravy

Jacket Potao served with
Cheese / Tuna,
Cheese Panini
Desserts...
Plain Sponge, Flapjack,
Yogurt, Fresh Fruit



Tues

Choose from...

Beef Lasagne Served with
Salad , Garlic Bread

Jacket Potato served with
Cheese / Tuna,
Cheese Panini
Desserts...
Oak Cookies Eves Pudding
with Custard, Yogurt or
Fresh Fruit

Did you know?....

Apples are very
nutritious. This means
they are good for you.
Apples are filled with
potassium, vitamin C,
carbohydrates, fibre
and antioxidants.

Wed

Choose from...

Roast Turkey

Quorn Sausages

Served with Vegetables,
Potatoes, Gravy & Yorkshire
Pudding

Jacket Potato served with
Cheese / Tuna,
Cheese Panini
Desserts...
Chocolate Sponge, Yogurt,
Fresh Fruit



Thurs

Choose from...

Fish Fingers served with Peas,
Sweetcorn and Jacket Wedges

Jacket Potato served with
Cheese / Tuna,
Cheese Panini

Desserts...

Marble Sponge with
Custard, Jelly, Yogurt or
Fresh Fruit

Suitable for
Vegetarian



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Fri

Choose from...

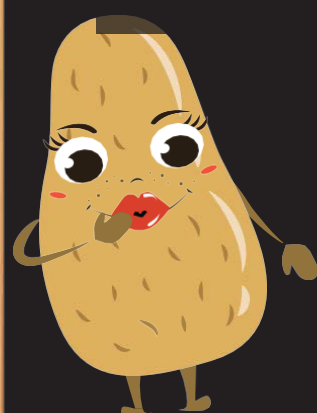
Cheese & Tomato Pizza

Lamb Grills

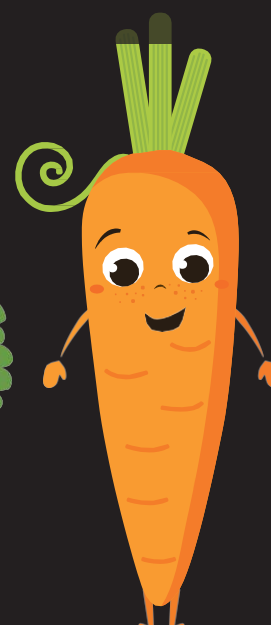
Served with Chips,
Beans & Salad

Desserts...

Syrup Sponge with Custard
Buns, Yogurt or Fresh
Fruit



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Menu - Week 3

16 Nov, 7 Dec, 18 Jan,
8 Feb, 1 Mar, 22 Mar

Mon

Choose from...

Buttermilk Chicken in a Bun
Quorn Burgers in a Bun
Served with Beans & Salad

Jacket Potato served with
Cheese / Tuna / Beans
Cheese Panini
Desserts...

Chocolate Rice Pudding
Shortbread Biscuit or
Fresh Fruit



Tues

Choose from...

Pasta Bolognese
Quorn Bolognese
Served with Salad, Garlic
Bread

Jacket Potato served with
Cheese / Tuna
Cheese Panini
Desserts...

Peach Oaty Crumble with
Custard, Jelly, Yogurt or
Fresh Fruit

Did you know?....

Bananas give you lots
of energy to keep you
going through the
day in all your work
and play.

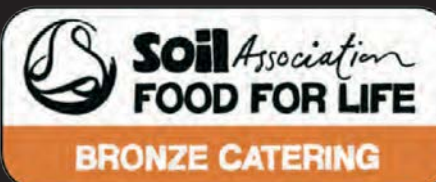
Wed

Choose from...

Roast Gammon
Quorn Sausages
Served with Vegetables,
Potatoes, Gravy &
Yorkshire Pudding

Desserts...

Oak Cookies,
Plain Sponge with Custard
Jelly or Fresh Fruit



Thurs

Choose from...

Fish Fingers served with
Vegetables, Peas, Sweetcorn &
Jacket Wedges

Jacket Potato served with
Cheese / Tuna,
Cheese Panini
Desserts...

Jam Sponge with Custard,
Buns, Yogurt or Fresh
Fruit



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Food
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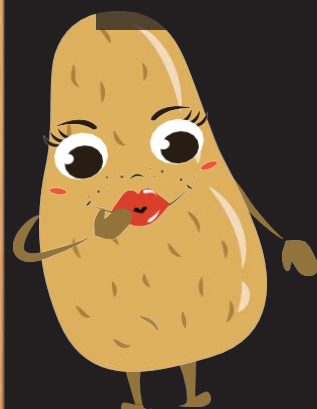
Fri

Choose from...

Cheese & Tomato Pizza
Beef Burgers
Served with Chips,
Beans & Salad

Desserts...

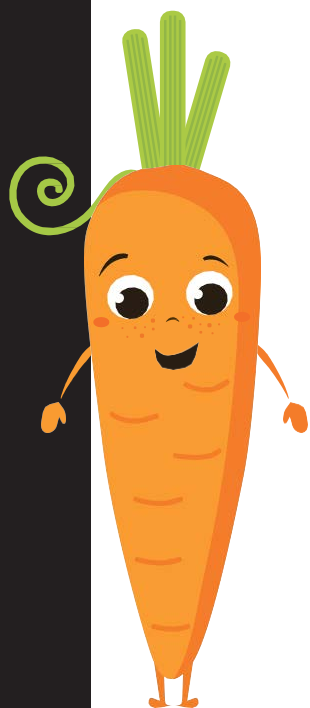
Syrup Sponge with
Custard Buns, Yogurt, or
Fresh Fruit



the food quarter



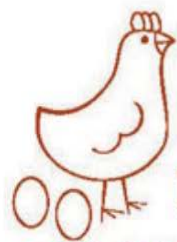
Food for Life Served Here



Soil Association
FOOD FOR LIFE

BRONZE CATERING

healthy soil,
plants and animals
= healthy food
= healthy people



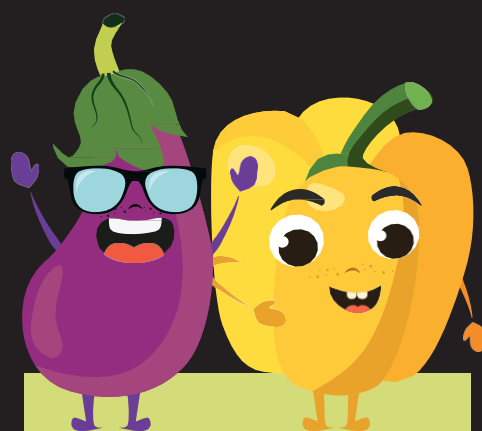
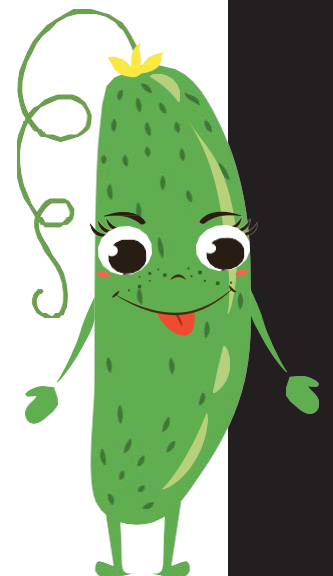
eggs are
free range

meat that can
be traced back
to the farm

FRESH
healthy
SEASONAL
traceable
SUSTAINABLE

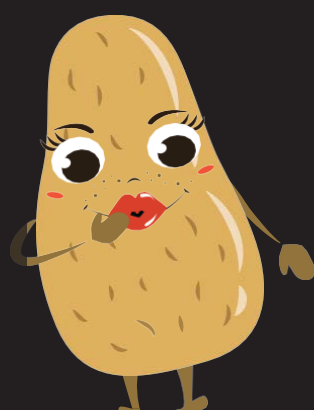
No nasty additives &
at least 75% of our dishes
are freshly prepared

ingredients
from local soil



Our menus are
seasonal and we
adjust our use of
vegetables, salads
and meal
accompaniments
to make use of
seasonal produce
wherever possible.

Food for Life Served Here demonstrates that the school food we provide in this school is ethical, sustainable and fresh, free from nasty additives and trans fats and meets school food standards. The award guarantees that food meets high standards of provenance and traceability.



the **food quarter**

